

# ALCOHOL AND DRUG SERVICES



**02 5124 9977**

24 HOUR HELPLINE NUMBER

24 hour access for  
information, assistance,  
support, advice and referral



**ACT**  
Government

**Canberra Health  
Services**

# ACCESS MENTAL HEALTH TEAM



**1800 629 354**

24 HOUR HELPLINE NUMBER

24 hour access for mental  
health advice, information,  
assessment and referrals



**ACT**  
Government

**Canberra Health  
Services**